

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Cheese & Tomato Pizza with Sweetcorn & Salad **Dairy, Gluten** Gluten Free Option	Lasagne with Peas & Salad **Dairy, Eggs, Gluten** Gluten Free Option	Chicken Curry with Basmati Rice	Salmon & Tuna Pasta Bake ** Gluten, Fish, Dairy** Gluten Free Option	Chicken Burger in a bun with Mini Sweetcorn & Salad **Gluten, Mustard** Gluten Free Option: Chicken Nuggets
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Cheese & Tomato Pizza with Sweetcorn & Salad **Dairy, Gluten** Gluten Free Option	Lasagne with Peas & Salad **Dairy, Eggs, Gluten** Gluten Free Option	Chicken Curry with Basmati Rice	Salmon & Tuna pasta bake ** Gluten, Fish, Dairy** Gluten Free Option	Chicken Burger in a bun With Mini Sweetcorn & Salad **Gluten, Mustard** Gluten Free Option: Chicken Nuggets
<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>
Cheese & Tomato Pizza with Sweetcorn & Salad **Dairy, Gluten** Gluten Free Option	Vegetable Lasagne with Peas & Salad **Dairy, Eggs, Gluten** Gluten Free Option	Lentil Dahl and Vegetable Curry with Basmati Rice	Leak & Potato Quiche ** Gluten, Eggs, Dairy**	Veggie Burger in a bun with Mini Sweetcorn & Salad **Gluten, Mustard**
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Cheese & Beans ** Dairy**	Jacket Potato with Tuna Mayonnaise & Garden Peas ** Fish, Egg**	Jacket Potato with Tuna Mayonnaise & Salad ** Egg, Fish**	Jacket Potato with Cheese & Beans ** Dairy**	Jacket Potato with Bolognese **Celery**
<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>
Tuna Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad **Fish, Egg, Gluten** Gluten Free Option	Cheese Sandwich on 50/50 White/Wholemeal Bread with Salad ** Dairy, Gluten** Gluten Free Option	Egg Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad **Egg, Gluten** Gluten Free Option	Chicken Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad **Gluten, Egg** Gluten Free Option	Tuna Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad ** Fish, Gluten, Egg** Gluten Free Option
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt **Dairy**	Flapjack **Gluten** Gluten Free Option	Fresh Fruit, Yoghurt Cheese and Crackers **Dairy and Gluten**	Ginger Sponge and Custard **Gluten, Eggs and Milk** Gluten & Dairy Free Option	Fresh Fruit Yoghurt **Dairy**

**** Allergens****

All our menu ingredients are listed on our websites but if a child has any food allergies, we like to meet with the parents prior to them taking up school meals so that we can discuss the menus and alternatives in full.

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Sausage & Mash with Peas & Carrots with Gravy ** Gluten, Dairy** Gluten & Dairy Free Option	Sweet Chilli Stir Fry with Noodles ** Gluten, Egg, Soya** Gluten & Egg Free Option	Tandoori Chicken with Basmati Rice & Vegetable Sauce	Meat & Potato Pie with Broccoli Florets ** Soya, Celery** Gluten & Dairy Free Option	Oven Baked Fish Fingers, Chips & Garden Peas **Fish, gluten** Gluten Free Option
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Sausage & Mash with Peas & Carrots with Gravy ** Gluten, Dairy** Dairy Free Option	Sweet Chilli Stir Fry with Noodles ** Gluten, Egg, Soya** Gluten & Egg Free Option	Tandoori Chicken with Basmati Rice & Vegetable Sauce	Meat & Potato Pie with Broccoli Florets ** Soya, Celery** Gluten & Dairy Free Option	Oven Baked Fish Fingers, Chips & Garden Peas **Fish, gluten** Gluten Free Option
<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>
Vegan Sausage & Mash with Peas & Carrots with Gravy ** Gluten, Dairy, Celery, Soya**	Sweet Chilli Stir Fry with Noodles ** Gluten, Egg, Soya** Gluten & Egg Free Option	Chickpea & Spinach Curry with Basmati Rice ** Celery**	Cheese & Onion Pie with New Potatoes & Broccoli ** Gluten, Dairy** Dairy Free Option	Vegetable Fingers Chips & Garden Peas **Gluten**
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Cheese & Beans **Dairy**	Jacket Potato with Tuna Mayonnaise & Garden Peas ** Fish, Egg**	Jacket Potato with Cheese & Beans ** Dairy**	Jacket Potato with Tuna Mayonnaise & Garden Peas ** Fish, Egg**	Jacket Potato with Bolognese
<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>
Salmon & Tuna Mayo Sandwich with Salad **Fish, Egg, Gluten** Gluten Free Option	Egg Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad **Eggs, Gluten** Gluten Free Option	Cheese Sandwich on 50/50 White/Wholemeal Bread with Salad ** Dairy, Gluten** Gluten Free Option	Tuna Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad **Fish, Egg, Gluten** Gluten Free Option	Chicken Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad ** Gluten** Gluten Free Option
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt **Dairy**	Chocolate Short bread **Gluten** Gluten Free Option	Fresh Fruit, Yoghurt Cheese & Crackers **Dairy and Gluten**	Coconut & Jam Sponge **Gluten, Eggs and Milk** Gluten Free Option	Fresh Fruit Yoghurt **Dairy**

**** Allergens****

All our menu ingredients are listed on our websites but if a child has any food allergies, we like to meet with the parents prior to them taking up school meals so that we can discuss the menus and alternatives in full.

Week Three



Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Macaroni Cheese with Broccoli & Spinach **Gluten, Dairy** Gluten Free Option	Oven Baked Fish Fillet with New Potatoes, Medley of Vegetables **Fish, Gluten** Gluten Free Option	Lamb Dhansak with Basmati Rice ** Celery**	Roast Chicken Dinner with Roast Potatoes, Parsnips, Carrots & Gravy **Soya** Gluten Free Option	Spaghetti Bolognese & Salad **Gluten, Dairy in Garlic Bread** Gluten Free Option
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Macaroni Cheese with Broccoli & Spinach **Gluten, Dairy** Gluten Free Option	Oven Baked Fish Fillet with New Potatoes, Medley of Vegetables **Fish, Gluten** Gluten Free Option	Lamb Dhansak with Basmati Rice ** Celery**	Roast Chicken Dinner with Roast Potatoes, Parsnips, Carrots & Gravy **Soya** Gluten Free Option	Spaghetti Bolognese & Salad **Gluten, Dairy in Garlic Bread** Gluten Free Option
<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>
Macaroni Cheese with Broccoli & Spinach **Gluten, Dairy** Gluten Free Option	Tomato & Vegetable Pasta Bake **Gluten** Gluten Free Option	Lentil Dhansak with Basmati Rice ** Gluten, Celery**	Quorn Fillet Roast Potatoes, Parsnips, Carrots & Gravy **Gluten, Egg, Soya**	Veggie Spaghetti Bolognese & Salad **Gluten, Dairy in Garlic Bread** Gluten Free Option
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Cheese & Beans ** Dairy (cheese optional)**	Jacket Potato with Tuna Mayonnaise & Garden Peas ** Egg, Fish**	Jacket Potato with Cheese & Beans ** Dairy (cheese optional)**	Jacket Potato with Tuna Mayonnaise & Garden Peas ** Egg, Fish**	Jacket Potato with Bolognese ** Dairy (cheese optional)**
<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>
Salmon & Tuna Mayo Sandwich with Salad **Fish, Egg, Gluten** Gluten Free Option	Egg Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad **Eggs, Gluten** Gluten Free Option	Chicken Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad ** Gluten, Egg** Gluten Free Option	Cheese Sandwich on 50/50 White/Wholemeal Bread with Salad ** Dairy, Gluten** Gluten Free Option	Tuna Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad **Fish, Egg, Gluten** Gluten Free Option
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt **Dairy**	Oat & Raisin Cookie **Gluten** Gluten Free Option	Fresh Fruit, Yoghurt Cheese & Crackers **Dairy and Gluten**	Apple Crumble & Custard **Gluten, Eggs and Milk** Gluten and Dairy Free Option	Fresh Fruit Yoghurt **Dairy**

**** Allergens****

All our menu ingredients are listed on our websites but if a child has any food allergies, we like to meet with the parents prior to them taking up school meals so that we can discuss the menus and *free from* alternatives in full.