



Old Moat Community Primary School

Old Moat Lane
Withington
Manchester

M20 3FN

Headteacher: Mr O. Kerr

Deputy Headteacher: Mrs V. Collier

Email: admin@oldmoat.manchester.sch.uk

Tel: 0161 445 4208

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FOR PARENTS OF DIRECT CLOSE CONTACTS OF COVID 19 AT OLD MOAT PRIMARY SCHOOL

Advice for Child to Self-Isolate for 14 Days

Dear Parents/Carers,

In consultation with Public Health England, we have established that there is one confirmed case of COVID-19 in Year 5 at Old Moat Primary School. The initial source of the virus was **not** from school.

We have followed the national guidance and have identified that your Year 5 child may have been in close contact with the affected child. In line with the national guidance your child must now stay at home and self-isolate until the end of Monday 21st September. This date is provisional and may be subject to change.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days (from the last date they could have had contact with the infected person) period of self-isolation, then they can return to usual activities. A negative test does not mean that your child can return to school earlier than 14 days. The date to return to school is Tuesday 22nd September.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period. If you have children in other year groups they should continue to attend unless they become unwell, in which case they should have a test. Please see the link to the PHE Staying at Home Guidance <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-forhouseholds-with-possible-coronavirus-covid-19-infection>



What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared as advised in <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

You should arrange for testing for your child via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or 111.nhs.uk or primary care

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia) For

most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/> We will contact you with details of home learning.

Yours sincerely,

Mr O. Kerr
Headteacher