

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Beef Chilli and Rice **Gluten**	Chicken Burger Served on a Bap or with Chips and Mixed Salad **Gluten**	Chicken and Vegetable Madras, Basmati Rice, Mini Naan Bread And Salad **Gluten**	Cheese and Onion Pie, Mini Sauté Potatoes, Sweetcorn and Carrots **Gluten and Dairy**	Turkey Meatballs in Rich Tomato Sauce **Gluten, Eggs**
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	
Beef Chilli and Rice **Gluten**	Chicken Burger Served on a Bap or with Chips and Mixed Salad **Gluten**	Chicken and Vegetable Madras, Basmati Rice, Mini Naan Bread And Salad **Gluten**	Cheese and Onion Pie, Mini Sauté Potatoes, Sweetcorn and Carrots **Gluten and Dairy**	Turkey Meatballs in Rich Tomato Sauce **Gluten**
<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	
Vegetarian Chilli and Rice **Gluten**	Veggie Burger Served on a Bap or with Chips and Mixed Salad **Gluten**	Chick Pea and Potato Madras Basmati Rice, Naan Bread and Salad **Beans and Gluten**	Cheese and Onion Pie, Mini Sauté Potatoes, Sweetcorn and Carrots **Gluten and Dairy**	Chickpea and Asian Vegetables **Celery, Soya, Eggs**
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Beans and Salad **Dairy**	Jacket Potato with Cheese and Salad **Dairy**	Jacket Potato with Cheese or Beans and Salad **Dairy**	Jacket Potato with Tuna and Salad **Dairy**	Jacket Potato with Beans and Salad **Dairy**
<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>
Egg Mayonnaise **Gluten**	Cheese **Gluten**	Chicken & Sweetcorn	Egg Mayonnaise **Gluten**	Cheese **Gluten**
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt **Dairy**	Fresh Fruit Yoghurt **Dairy**	Fresh Fruit Yoghurt Cheese and Crackers **Dairy and Gluten**	Fresh Fruit Yoghurt **Dairy**	Apple Crumble with Custard **Gluten, Milk**

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What's for Lunch Today?



**Old Moat
Primary School**



Old Moat Primary School, Old Moat Lane, Withington, Manchester, M20 3FN

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Pepperoni and Tomato Pizza with Sweetcorn and Salad **Dairy, gluten**	Fish Goujons, Chips and Garden Peas **Fish, gluten**	Lamb and Vegetable Curry with Basmati Rice and Naan Bread **Gluten**	Roast Chicken Breast Fillet or Chicken Drumstick, Roast Potatoes with Broccoli, Cauliflower and Gravy **Gluten**	Tomato and Pasta Bake with salad **Eggs, gluten**
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Cheese and Tomato Pizza with Sweetcorn and Salad **Dairy, gluten**	Fish Goujons, Chips and Garden Peas **Fish, gluten**	Lamb and Vegetable Curry with Basmati Rice and Naan Bread **Gluten**	Roast Chicken Breast Fillet or Chicken Drumstick, Roast Potatoes with Broccoli, Cauliflower and Gravy **Gluten**	Tomato and Pasta Bake with Salad **Eggs, gluten**
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Cheese and Tomato Pizza with Sweetcorn and Salad **Dairy, gluten**	Vegetable Goujons, Chips and Garden Peas **Fish, gluten**	Lentil Dahl and Vegetable Curry with Basmati Rice Naan Bread **Gluten**	Quorn Fillet, Roast Potatoes Broccoli and Cauliflower with Gravy **Gluten**	Soya Mince Lasagne with Salad **Milk, eggs, gluten**
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Jacket Potato with Beans and Salad **Dairy**	Jacket Potato with Cheese and Salad **Dairy**	Jacket Potato with Cheese or Beans and Salad **Dairy**	Jacket Potato with Tuna and Salad **Dairy**	Jacket Potato with Beans and Salad **Dairy**
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Egg Mayonnaise **Gluten**	Cheese **Gluten**	Chicken & Sweetcorn	Egg Mayonnaise **Gluten**	Cheese **Gluten**
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt **Dairy**	Fresh Fruit Yoghurt **Dairy**	Fresh Fruit, Yoghurt Cheese and Crackers **Dairy and Gluten**	Fresh Fruit Yoghurt **Dairy**	Ginger Sponge and Custard **Gluten, Eggs and Milk**

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Sausage and Mashed Potato Peas and Carrots with Gravy **Gluten**	Salmon Fillet, Chips Garden Peas **Gluten and Fish**	Chickpeas and Vegetable Curry, Basmati Rice and Salad **Gluten**	Cottage Pie **Gluten and Dairy**	Cheesy Broccoli Pasta Bake with 50/50 White and Wholemeal Pasta **Gluten and Dairy**
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Sausage and Mashed Potato Peas and Carrots with Gravy **Gluten**	Salmon Fillet, Chips Garden Peas **Gluten and Fish**	Chickpeas and Vegetable Curry, Basmati Rice and Salad **Gluten**	Cottage Pie **Gluten and Dairy**	Cheesy Broccoli Pasta Bake with 50/50 White and Wholemeal Pasta **Gluten and Dairy**
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Vegetarian Sausage, Mashed Potato, Peas and Carrots with Gravy **Gluten**	Vegetable Goujons, Chips Garden Peas **Gluten**	Chickpea, Cauliflower and Potato Curry Basmati Rice and Salad **Gluten**	Vegetable Stir Fry Noodles **Gluten**	Cheesy Broccoli Pasta Bake with 50/50 White and Wholemeal Pasta **Gluten and Dairy**
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Jacket Potato with Beans and Salad **Dairy**	Jacket Potato with Cheese and Salad **Dairy**	Jacket Potato with Cheese or Beans and Salad **Dairy**	Jacket Potato with Tuna and Salad **Dairy**	Jacket Potato with Beans and Salad **Dairy**
<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>
Egg Mayonnaise **Gluten**	Cheese **Gluten**	Chicken & Sweetcorn	Egg Mayonnaise **Gluten**	Cheese **Gluten**
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt **Dairy**	Fresh Fruit Yoghurt **Dairy**	Fresh Fruit Yoghurt Cheese and Crackers **Dairy and Gluten**	Fresh Fruit Yoghurt **Dairy**	Blueberry Muffins **gluten, eggs, milk**